



ACTIVE RE-ENTRY

Independent Living Programs

10 South Fairgrounds Rd. Price, Utah 84501

Voice/TTY: (435) 637-4950 • www.arecil.org

January / February 2008

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Upcoming events & dates. Stick it to the side of your fridge!

One of the core services of independent living is advocacy. Throughout history the actions of a few have benefitted many. Advocacy simply means that you are willing to speak out, plead the case of another or yourself or champion a cause.

Upcoming 2008 Legislative Session

January 21, 2008 starts a new legislative session which will affect the funding of 2009's Fiscal Year.

The following areas will be affected; Utah State Office of Rehabilitation, Health/Medicaid, Community and Family Health Services, Division of Services for people with Disabilities, Division of Mental health and Substance Abuse, and Education.

The Centers for Independent Living (CILs) are requesting \$180,000 to assist the six Utah regional CILs in providing services that are critical to individuals with disabilities that are unmet.

Last year, Utah's legislatures awarded a one-time 1 million dollar grant for Assistive Technology (AT). This year, another \$750,000 of one-time funds will be requested to provide consumers with the AT that assist them in living more independently.

Currently, federal legislation is pending that will reauthorize the Rehabilitation Act. Vocational Rehabilitation is requesting \$824,000 to assist students with disabilities in their transition from high school to employment or further training.

The Division of Services for People who are Blind or Visually Impaired is requesting \$171,510 to hire a transition specialist, a low vision specialist and a rural assistive technology specialist to help maximize the level of independence for people with low vision or blindness. The main areas of focus are transition from school services to adult services, securing appropriate training and acquiring necessary assistive technology.

The Division of Services for the Deaf and Hard of Hearing is requesting \$108,000 to hire a hard of hearing specialist. Qualified interpreters are also needed, and pay is low compared to the private sector, so increased funds will address salary discrepancies.

Medicaid service requests include: ongoing funding for adult dental and vision

Session Updates continued next page...

“Attitude Therapy” comes to Carbon County

The Carbon County Healthy Families Coalition will be bringing motivational speaker Mike Schlappi to its third annual Family Night. It will be held January 24, 2008 at Carbon High School where the free dinner will begin at 5PM.

The Healthy Families Coalition, a support and resource group, wants

to make Carbon County one of the best areas to raise children and for families to succeed.

Keynote speaker Mike Schlappi’s lecture “Stand Up in Your Community” fits into that goal. Mike Schlappi is a gold medalist, motivational speaker, and author who has overcome his circumstances using what he calls “Attitude Therapy.”



Keynote speaker, Mike Schlappi

Active Re-Entry will be offering shuttle service for those who need it. To arrange a ride, call 637-4950. ✧

Annual reception, workshop, membership drive of the Legislative Coalition for People with Disabilities.

You are invited to attend the annual Reception with Legislators in the newly restored Utah State Capitol in Salt Lake City. The reception will be at the Utah State Capitol Rotunda, Monday, January 28, 2008 from 4-6PM.

Please, invite your elected representatives and tell them you will be there to share your ideas and concerns about disability issues in Utah. This is your chance to be an advocate for Utahns with disabilities.

There will also be a pre-legislative workshop on January 17, at the Olmstead Room of the Capitol Buildings East Complex from 10AM to 3PM. The workshop will provide an

update of the session and issues, plus a tour of the Capitol.

Active Re-Entry is taking a van up to this event. Space is limited. If you are interested in attending, call Darlene or Kellie at 637-4950.

We invite you to join or rejoin the Legislative Coalition for People with Disabilities. It is easy to do and there is no cost to be a member. It is our intention to use the membership information -- which is protected -- to keep members informed about various disability issues. If you know people who do not have access to the internet, please help them to sign up. ✧

Session Updates continued...

and increasing physician rates.

There are other important issues such as: a \$2.2 million funding request by the Division of Services for People with Disabilities to provide services to individuals on the waiting list and a

request by the Division of Mental Health and Substance Abuse for \$894,000 to provide mental health services for Utah college students.

It is very important to note that there has been a change in the legislative committee that will make recommendations on some of the

above items. The Commerce and Workforce Services subcommittee will now hear the appropriation requests. This means a relationship will have to be developed with these committee members. Members can be found at www.le.utah.gov for contact information. ✧

Watch for UWISE – A Self Employment Project

UWISE stands for the Utah Work incentives Self-Employment project. The purpose of the state-wide project is to help entrepreneurs with disabilities make informed choices about self-employment.

The UWISE project is funded by grants from the Utah Department of Workforce Services and the U.S. Department of Labor. Services that are available: benefits planning, help writing a business plan, help finding financing, work incentives, and assistive technology.

To be eligible, a person must have a disability, complete

and application and explain their small business idea and situation.

To date, UWISE has helped 3 people get their businesses up and running in photography, clothing sales and motivational speaking. In the United States, thousands of people with disabilities have been successful small business owners.

To apply, contact Bill Walsh and Shirley Weathers at (435) 548-2630 or toll-free 866-618-7194. Applications are screened by a committee. ✧

Work Supports 101

Do you want to work and keep your Medicaid?

The Medicaid Work Incentive program (MWI) is for people with disabilities who are working. It was designed for people who make more money and want to pay a monthly premium (up to 15%) of his or her countable income to remain eligible for Medicaid.

For more information, check out our website or go to your local Department of Workforce Services Office.

Worried that you'll lose something if you go to work?

The WIPA/Utah Benefits Planning Assistance and Outreach Program is designed to give Social Security disability beneficiaries information on how working will affect their benefits. This program also looks at other benefits like food stamps and housing to assess how work may affect those benefits so you can make an informed choice about working. Call (801) 887-9530 for more information.

Need help with personal care to be able to work?

Employment Personal Assistance (EPAS) services are for people with disabilities who are employed and because of their disability need personal assistance to keep a job. A licensed agency or qualified personal care assistant can provide services at home and/or at work. Services may include bathing, cooking, housecleaning, transportation for work and more. Call (801) 887 9387 for information. ✧

A New Website

Active Re-Entry is redesigning their website. This is your chance to tell us your opinion! What do you want to see? Is there something you think should be there? Please tell us! Call us at 435-637-4950 or drop us a line. ✧

Next Issue...

Add this as one of your New Year's resolutions! A healthy diet and 15 minutes of exercise per day helps to reduce the risk of Alzheimer's. Story by David Larsen of the Utah Alzheimer's Association. For more information, call 1-800-272-3900.

MAIN OFFICE

Active Re-Entry
10 South Fairgrounds Road
Price, Utah 84501
435-637-4950 Voice/TTY
www.arecil.org

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- Richard Jewkes Senior Advocate/Nursing Home Transition Coordinator - Price Office
- Laurey Herzog IL Coordinator/Carbon County Older Blind Specialist - Price Office
- Darlene Erni CIP Coordinator/Emery County Older Blind Specialist - Price Office
- Bruce Burgess Older Blind Specialist - Price Office
- Ashley Mortensen IL Technician - Price Office
- Kellie Criswell Volunteer Advocate - Price Office
- Joan Janes IL Coordinator/LTC Ombudsman - Vernal Office
- Diane Ackerman Older Blind Specialist - Vernal Office
- Shauna O'Donnell Older Blind Specialist - Roosevelt Office
- Joey Allred IL Coordinator/Older Blind Specialist - Moab Office
- Stevie Atwood IL Technician - Moab Office
- Stanley Nez IL Outreach Specialist - Moab Office

RECREATIONAL ACTIVITIES AND EVENTS

CARBON & EMERY COUNTIES

EMERY COUNTY COMMODITIES COOKING AND EDUCATION CLASSES:

Date: January 16, 2008

Date: February 20, 2008

Time: 9:30AM - 11:30AM

Where: These classes are at the Emery County Courthouse
75 East Main Castle Dale, Utah.

CARBON COUNTY COMMODITIES COOKING AND EDUCATION CLASSES:

Date: January 8, 2008

Date: February 12, 2008

Time: 10AM - 12 NOON

Where: These classes are at the Housing Authority
251 South 1600 East Price, UT.

CARBON & EMERY COUNTY OLDER BLIND SUPPORT GROUP MEETING AND ACTIVITY:

MAKING HOME MADE TAMALES
(BOTH CARBON & EMERY COUNTY)

Date: January 10, 2008

Time: 10AM

Where: Turnquist Cottages

MAKING 72 HOUR KITS
(EMERY COUNTY)

Date: February 7, 2008

Time: 11AM

Where: Turnquist Cottages

MAKING 72 HOUR KITS
(CARBON COUNTY)

Date: To Be Announced

Time: 10-Noon

Where: Active Re-Entry
Lunch Provided

ACTIVE ACCESS SUPPORT GROUP MEETING AND ACTIVITY:

SAFE & HEALTHY RELATIONSHIPS

By: Kerry Welch

Date: January 8, 2008

Time: 1PM

Where: Housing Authority

LEGISLATIVE WORKSHOP

Date: January 17, 2008

Time: 10AM - 3PM

Where: Olmstead Room
at the State Capitol

COMPROMISING

By: Kerry Welch

Date: February 12, 2008

Time: 1PM

Where: Housing Authority

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RECREATIONAL ACTIVITIES AND EVENTS

MOAB AREA

HEAT ASSISTANCE

Date: January 9, 2008

Time: 9:30AM - 11:30AM

Call: 435-259-6623 or 259-0245 to schedule your 30 min. appointment.

HEALTH DAY

Date: January 9, 2008

Time: 9:30AM - 11:30AM

What: Blood Oxygen and Foot Clinic provided by Community Nursing and Blood Pressure by Rocky Mt. Home Care. Please Call 259-0466 to set up an appointment for the foot clinic.

PRIMARY ELECTIONS

Date: February 5

HEALTH DAY

Date: February 13, 2008

Time: 9:30AM - 11:30AM

What: Blood Oxygen and Foot Clinic provided by Community Nursing and Blood Pressure by Rocky Mt. Home Care. Please Call 259-0466 to set up an appointment for the foot clinic.

LATINO HEALTH FAIR

Date: February 23

CHOCOLATE LOVER'S FLING

Date: February 29

WALKING AEROBICS

Every Mon., Wed., Fri. @ 8:20AM

GROUP ACTIVITIES

Mondays & Fridays after lunch: Bingo
Wednesdays after lunch: Card Day, Canasta, Pinochle, and other games if you want
Fridays 9:30 - 11:30AM: Card Stamping with Debbie in the Craft Room

ALL ACTIVITIES ARE AT THE
ACTIVE RE-ENTRY/GRAND CENTER.

UINTAH BASIN

EYE ON HEALTH -- VERNAL ACTIVE RE-ENTRY (UINTAH COUNTY)

Dr. Shane Powell, ophthalmologist, will present slides and information concerning common eye diseases; Age Related Macular Degeneration, Cataracts, & other maladies involving the eye.

Date: Wednesday, January 23, 2008

Time: 2PM

Where: Golden Age Center in Vernal.

Fee: FREE & Public is invited.

Note: Look for announcement in local papers.

INDEPENDENT LIVING/OPTICAL FAIR & SWAP MEET

We will share our most cherished item(s) we consider we couldn't live without. Examples would be a favorite hand-held magnifying glass, or a talking clock or watch. There will also be a display of items and catalogs available to discover the world of helpful items one can purchase rather inexpensively. Bring a friend! DOOR PRIZES!

Date: Wednesday, February 20, 2008

Time: 2PM

Where: Golden Age Center in Vernal.

Fee: FREE & Public is invited.

Note: For more information,
call Diane @ 790-2966